

	USPC Flowchart 4/2013			USPC Flowchart4/2013	
	D1	D2	D3	C1	C2
Riding on the Flat	<ul style="list-style-type: none"> • Mount and dismount, with assistance if necessary. • Pick up and hold reins correctly at halt. • Pick up stirrups at halt. • Shorten and lengthen reins correctly at the halt. • Demonstrate basic correct position at the halt and walk. • Ride at the walk and trot, with control, keeping mount on rail. • Demonstrate simple changes of direction at the walk and trot. • Perform gradual transitions from walk to trot and walk to halt. 	<ul style="list-style-type: none"> • Mount and dismount independently (using mounting block if necessary) • Shorten and lengthen reins at halt and walk. • Perform balancing and suppling exercises for rider at halt and walk and discuss one or two reasons for doing this. • Ride at the walk, performing simple turns and large circles. • Ride without stirrups at the walk. • Ride at the trot on correct diagonal, performing simple turns and large circles. • Ride at the canter in both directions in an enclosed area and be aware of leads. • Discuss performance with Examiner, indicating whether or not mount was on correct lead. • Rider should demonstrate control while maintaining a safe balanced position at the walk and trot. • Demonstrate emergency dismount at the walk in an enclosed arena. • Discuss how to pass others safely while riding in an enclosed area. 	<ul style="list-style-type: none"> • Demonstrate correct mounting (using mounting block if necessary). • Adjust stirrups and girth with feet in the stirrups while mounted at the halt. • Shorten and lengthen reins at halt, walk and trot. • Demonstrate mount's warm-up routine for everyday work under examiner supervision. • Perform balancing and suppling exercises for rider at walk and trot. • Ride without stirrups at the sitting trot. • Discuss at least three reasons for doing balancing/suppling exercises. • Demonstrate mount's warm-up routine for everyday work under examiner supervision. • Perform balancing and suppling exercises for rider at walk and trot. • Ride without stirrups at the sitting trot. • Discuss at least three reasons for doing balancing/suppling exercises. • Rider should show a basic balanced position through the flat work. Discuss performance with examiner, including rider's basic balanced position, and whether or not circles were round and natural aids correctly influenced the mount. 	<ul style="list-style-type: none"> • Demonstrate suppling exercises for rider without stirrups at walk. • Demonstrate mount's warm-up routine for everyday work. • Discuss candidate's warm-up for both rider and mount with examiner using terms and understanding from the training pyramid. • Demonstrate suppling exercises for rider without stirrups at walk. • Demonstrate mount's warm-up routine for everyday work. • Discuss candidate's warm-up for both rider and mount with examiner using terms and understanding from the training pyramid. • Work mount at walk, trot and canter, with smooth transitions, demonstrating straight lines on centerline. • Perform 20-meter circles, and figure eights with simple transitions at each gait demonstrating correct bend. • Ride without stirrups at the sitting trot. • Demonstrate long rein, loose rein and light contact at walk. • Rider should show firm basic balanced position, using natural aids and control in initiating free forward movement with a light feel of mount's mouth. 	<ul style="list-style-type: none"> • Demonstrate warm-up for flat work including rider exercises. • Discuss candidate's warm-up for rider and mount using terms and understanding the training pyramid. • Discuss warm-up schedule for three different activities of candidate's choice. • Work mount at walk, trot and canter, changing directions at least twice in each gait, using coordinated aids, maintaining even rhythm, balance, impulsion and smooth transitions. • Demonstrate 15- and 20-meter circles, figure-8s, serpentines and work on the center or quarter lines to develop suppleness and straightness. • Demonstrate a free walk on a long rein, returning to a walk on contact. • Halt squarely on centerline and stand quietly for five seconds. • Ride mount without stirrups at all gaits. • Discuss aids for and then demonstrate a rein back (2-3 simple steps back). • Discuss aids for and then demonstrate leg yield at walk. • Develop a hand gallop from a canter and return to canter smoothly. • Discuss performance with examiner including the rider's position, and whether mount was moving forward in balance and rhythm.
Riding Over Fences	<ul style="list-style-type: none"> • Walk over poles on the ground in jumping position. • Discuss with Examiner the reason for different positions when riding on the flat and over fences. 	<ul style="list-style-type: none"> • Maintain jumping position at the trot, on the flat, and over ground poles. • In an enclosed area, ride a simple stadium course of four to five obstacles of cross rails and verticals (no spreads). The majority of fences must be set at, but not exceed, 18". • Rider should demonstrate control while developing a safe basic balanced position over fences (No need to canter over fences.) • Discuss with Examiner ways to improve ride. 	<ul style="list-style-type: none"> • Ride over small gymnastic grid of trot poles followed by a cross rail, then a vertical set at, but not to exceed, 2'3" set at appropriate distances for mount's stride. • Jump a simple stadium course of five to seven obstacles including a simple oxer. The majority of fences should be set at but not to exceed 2'3". • Discuss performance and reasons for any disobedience. 	<ul style="list-style-type: none"> • Ride over small gymnastic grid of 3 fences finishing with an ascending oxer set at, but not exceed, 2'9" set at appropriate distances for mount's stride. • Ride over jump course of 6-8 obstacles; include a two-stride combination set at an appropriate distance for mount's stride. The majority of fences should be set at, but not exceed, 2'9". (Grid distances and two-stride combination may be adjusted for individual mounts.) • Discuss performance with Examiner, -including rhythm, tempo and balance and -ways ride could be improved. 	<ul style="list-style-type: none"> • Discuss reasons for adjusting stirrups for different types of work. • Ride over a simple gymnastic grid, finishing with an ascending oxer set at but not to exceed 3' set at appropriate distances for mount's stride at trot or canter. • Develop a plan of how to ride a stadium course. Course to consist of 7-9 jumps. The majority of fences should be set at, but not exceed, 3'. • Ride course according to plan. • Discuss performance with Examiner, including the quality of canter maintained throughout the course and ways ride could be improved. • Rider should demonstrate secure basic balanced position over fences, showing control, rhythm and proper use of aids.

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	D1	D2	D3	C1	C2
Riding in the Open	Not applicable	<ul style="list-style-type: none"> Ride safely and considerately on public and private property, in a group, at the walk and trot. Ride with control, up and down hills at the walk and trot. Discuss two or three things to do to show "good manners" or courtesy while riding on someone else's property. (i.e., regarding gates, planted rows in fields, etc.) Jump a minimum of three simple and natural obstacles. The majority of fences must be, but not exceed, 18" in height. No ditches, banks or water. All fences may be jumped at the trot. 	<ul style="list-style-type: none"> Ride safely with a group, at the walk and trot, over varied terrain, through shallow water and small ditches as occur in natural terrain. Jump four to five simple cross-country obstacles, the majority of fences at, but not to exceed, 2'3". Speed should not exceed 240 meters per minute or 300 meters per minute, appropriate for the size of mount. Discuss ways to control mount in the open Discuss performance with Examiner. Rider should show a secure base of support while developing balance and a steady position over fences. 	<ul style="list-style-type: none"> Ride safely with control in a group, on a suitable mount, at the walk, trot, and canter over varied terrain, through shallow water and small ditches as occur in natural terrain when available. C-1 speed should not exceed 325 meters per minute to 350 meters per minute. Discuss and demonstrate riding safely over varied terrain, incorporating as many of the following elements as local conditions allow: hills, small/shallow ditches, low banks, flat open areas and shallow streams. Ride over 5 to 7 cross-country obstacles at appropriate speed (240-350 meters per minute). The majority of fences should be set at, but not exceed, 2'9". Discuss performance with Examiner giving reasons for any disobediences. Rider shows firm basic balanced position while riding with control. 	<ul style="list-style-type: none"> Ride safely with control in a group, on a suitable mount, at the walk, trot, and canter over varied terrain, through shallow water and small ditches as occur in natural terrain. C-2 speed should not exceed 375 mpm. Ride safely with control in a group, on a suitable mount, at the walk, trot, and canter over varied terrain, through shallow water and small ditches as occur in natural terrain. C-2 speed should not exceed 375 mpm. Ride over 5 to 7 cross-country obstacles, at appropriate speed (350-375 mpm) connecting fences as a course. The majority of fences should be set at, but not exceed, 3'. Discuss performance with Examiner, giving reasons for any disobediences and suggested corrections.
Turnout/Tack	<ul style="list-style-type: none"> Rider in safe and neat attire, in accordance with the SOP. Mount neatly brushed; hooves picked out (with assistance if needed); showing farrier care. Tack safe and neat (properly adjusted with assistance if necessary). 	<ul style="list-style-type: none"> Rider in safe and neat attire, in accordance with the SOP. Mount to be clean and well brushed, with hooves picked out and showing farrier care. Eyes, nose, lips, and dock wiped off. Tack is to be safe and clean, and properly adjusted (with assistance if necessary), with attention to stitching, girth, and stirrups. No obvious jockeys or heavy dust on mount. Name and locate 15 parts of saddle and bridle. Name 3 different bits. 	<ul style="list-style-type: none"> Rider in safe and neat attire, in accordance with the SOP. Mount to be well brushed, (no sweat), clean (no dirt), with feet picked out, showing farrier care. Mane and tail are to be brushed and eyes and nose, lips and dock wiped off. Tack is to be safe, especially stitching on stirrups and girth; and clean with no jockeys or dust, with stress-points clean, stirrup pads clean, and bit clean. All tack must be properly adjusted. Describe formal attire, informal attire. Describe proper adjustment of snaffle bridle with cavesson noseband. Describe proper adjustment of curb chain if used on own mount. 	<ul style="list-style-type: none"> Attire to be correctly formal or informal. Pony Club pin, medical armband, and a properly fitted equestrian helmet, in accordance w/SOP. Long hair neatly up or back & No inappropriate jewelry. Mount to be well groomed, reflecting regular care with a healthy coat; no sweat or dirt. Mane and tail brushed with little, if any, dandruff. External areas around sheath/udder clean. Feet picked out and reflecting regular farrier care. Eyes, nose, lips, dock clean. Tack to be safe, properly adjusted, supple and reflecting regular care. No jockeys or dust. All stress points clean. No cracked leather. Metal clean and polished and stirrup pads clean. Identify tack on own mount and discuss fit. 	<ul style="list-style-type: none"> Attire to be correctly formal or informal. Pony Club pin, medical armband, and a properly fitted equestrian helmet, in accordance w/SOP. Long hair neatly up or back. No inappropriate jewelry. Boots polished and in good repair. Spurs (if used) polished and put on properly. Mount to be thoroughly groomed, reflecting regular care with a healthy coat; no sweat or dirt. Mane and tail brushed with little, if any, dandruff. Sheath or udder showing regular attention. Feet picked out and reflecting regular farrier care. Eyes, nose, lips, dock clean. Tack to be safe, clean and properly adjusted, reflecting regular care/conditioning with metal polished. No jockeys or dust, no cracked leather, and all stress points clean. Explain reasons for equipment used on own mount for flat work and over fences. Demonstrate proper adjustment of tack. Name three different snaffle bits. Discuss the basic action of the snaffle bit.
Conditioning	<ul style="list-style-type: none"> Know one reason for cooling out mount after exercise. 	<ul style="list-style-type: none"> Discuss basic condition of own mount. Describe ways to know if mount is properly cooled out. 	<ul style="list-style-type: none"> Describe care of mount after strenuous work, to include cooling out, inspection of legs, watering and feeding. Describe two indications a mount may not be fit enough for the work asked of him/her. Know vital signs of mount at rest and what TPR stands for. 	<ul style="list-style-type: none"> Discuss the meaning and reasons for conditioning of mount. Describe how to condition mount for a particular Pony Club activity of your choice. Know the acceptable ranges for temperature, pulse, and respiration for a mount at rest and the importance of these numbers. 	<ul style="list-style-type: none"> Present a written outline of a six-to-eight-week conditioning and feeding program in preparation for a specific competition of candidate's choice. Know vital signs of own mount at work. Measure and record pulse, temperature and respiration of own mount at rest under supervision with assistance if necessary.
Horse Sports		<ul style="list-style-type: none"> Name two horse sports. 	<ul style="list-style-type: none"> Name 5 horse sports offered in USPC. 	<ul style="list-style-type: none"> List all the horse sports that are offered in USPC. 	
Nutrition	<ul style="list-style-type: none"> Know how to give water, grain, hay, and tidbit to a mount safely. 	<ul style="list-style-type: none"> Know 3-5 basic rules for feeding and explain feeding schedule for own mount. 	<ul style="list-style-type: none"> Know 5-7 basic rules of feeding. Discuss the amount of roughage and the amount of concentrates per ration for own mount. 	<ul style="list-style-type: none"> Describe how feeds are measured and weighed. Know amount and type of feed for own mount. Describe characteristics of good and bad feed, watering, and pasture. 	<ul style="list-style-type: none"> Describe own mount's ration when developing fitness, maintaining fitness, taking day off, sick, roughed out. Look at a feed label and identify sources of protein, carbohydrates, and fat (can bring own label).

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Stable Management	<ul style="list-style-type: none"> Groom mount with brush and curry comb, pick out feet, with assistance. Tack up and untack mount, with assistance. Name 10 parts of saddle and bridle (any). Know two reasons for cleaning tack. 	<ul style="list-style-type: none"> Groom mount, pick out hooves with assistance if needed. Name 5 grooming tools and demonstrate how to use them. Tack up and untack independently. List three examples of unsafe equipment. Name three common stable vices. 	<ul style="list-style-type: none"> Demonstrate and discuss how to clean a dirty/soiled stall. Demonstrate the proper steps and methods for removing manure and wet areas, how to bank a stall, and discuss the reasons for and benefits of regular stall cleaning for the health and safety of your mount. For testing purposes, a soiled horse trailer may be used. Demonstrate and discuss the proper methods of hanging a water bucket and haynet/haybag, hanging both at a proper height for your mount, at either a trailer or stall. Discuss the different needs of your horse during a day rally or clinic, or overnight stay. 	<ul style="list-style-type: none"> Discuss types of bedding appropriate for your area. Safely put a blanket on a mount. Demonstrate proper adjustment of blanket/sheet and halter. Discuss types and causes of stable vices. Describe and give reasons for three types of clipping. Describe conditions which foster internal and external parasites, -procedure for parasite control in pasture and stall, and -ways to control flies, and bot eggs. Discuss general barn safety procedures for your barn or where your horse is stabled. Describe proper use of fire extinguisher and how to tell if it is fully charged. 	<ul style="list-style-type: none"> Describe caring for a mount efficiently and economically when: -Stabled – feed and water schedule, minerals needed, clothing, exercise, grooming. -At grass – safety check of pasture, fencing, water, mineral supply, shelter, feed, and grooming. Discuss knowledge of safety measures, preparation and care of mount and equipment on day of strenuous work, including Feeding schedule, consideration of mount’s condition, consideration of climate and terrain, cooling out, treatment of any injuries, and making mount comfortable. Discuss pasture safety and fencing. Name 3 toxic plants in your area and describe appearance. Discuss emergency information that should be posted at all barns.
Pony Parts, Conformation, and Lameness	<ul style="list-style-type: none"> Name any 10 parts of the mount (such as mane, tail, leg, eye, etc.). Know color and breed of own mount. 	<ul style="list-style-type: none"> Name and locate any 15 parts of the mount. Name and describe six colors of mounts. Name and describe five markings of mounts. Name six horse or pony breeds. 	<ul style="list-style-type: none"> Name six horse breeds, four pony breeds, and five draft horse breeds. Describe how to measure height of mount. Identify at least 20 parts of the mount, to include hock, gaskin, withers, croup, fetlock, pastern. Know common conformation faults of neck, back, shoulder, head and pasterns. Describe the characteristics of a strange mount clearly enough for another person to recognize it within a group. Include: color, breed, markings, size, sex, and obvious conformation characteristics. 	<ul style="list-style-type: none"> Identify good and bad points of basic leg conformation Describe five common unsoundnesses as to location and outward appearance. Name three to four types of teeth found in a horse’s mouth. Name 5 coat colors or patterns which include white on the body. Name one breed that excels in each of these disciplines: racing, dressage, games, vaulting, eventing, foxhunting, hunter/jumper, endurance, driving, western. 	<ul style="list-style-type: none"> Name 5 basic conformation qualities that you want in a mount for your own use, and how they affect the basic movement and soundness (i.e., sloping shoulder means longer stride). Discuss angles of shoulder and hip of own mount. Name and locate on a mount the following unsoundnesses: ringbone, curb, bowed tendons, sidebone, spavin, navicular, splint, thoroughpin, sprains. Identify and/or describe parts of the horse’s mouth to include bars, lips, incisors, molars, wolf teeth & canines. Differentiate between: tobiano and overo; dun and buckskin; grey and cremello. Discuss how conformation of own mount is related to breed.
Travel Safety	<ul style="list-style-type: none"> Know basic rules of safe riding in a group, in an enclosed area. 	<ul style="list-style-type: none"> Know the basic rules for riding on public roads in your state. Name two ways you can help your mount be safe in a trailer. 	<ul style="list-style-type: none"> Know rules for riding safely on public roads in your state. Know procedure for mounted group crossing a public roadway. Discuss the proper procedure for loading and unloading a mount. 	<ul style="list-style-type: none"> Discuss basic equipment needed for mount’s safety and comfort during trailer travel. Demonstrate trailer safety check from trailer safety checklist on USPC website. Discuss safety precautions for riding on a trail including additional precautions during hunting season. 	<ul style="list-style-type: none"> Be able to load and unload, with assistance, an experienced, cooperative mount.
Record Book	<ul style="list-style-type: none"> Bring a stall card for own mount to show examiner. 	<ul style="list-style-type: none"> Bring a stall card for own mount to show examiner. Discuss what is included on a stall card. 	<ul style="list-style-type: none"> The D-3 is expected to keep careful records of veterinary visits, and general health of mount. Record Book must be brought to the test. A minimum of three months of records is required. Records should reflect appropriate depth of knowledge for this level. 	<ul style="list-style-type: none"> The C-1 is expected to keep a careful Record Book of all immunizations, veterinary visits, farrier visits, etc. The book must be brought to the test for review and critique. Must have records for at least 6 months. Records should reflect appropriate depth of knowledge for this level. 	<ul style="list-style-type: none"> Record Book (health, maintenance, immunizations) must be kept up to date and brought to test. Must have records for at least 9 months prior to test. Records should reflect appropriate depth of knowledge for this level.
Health Care and Veterinary Knowledge	<ul style="list-style-type: none"> Discuss what a veterinarian is. Give one reason a vet might treat your mount. 	<ul style="list-style-type: none"> Give two reasons to have your mount routinely checked by a veterinarian. 	<ul style="list-style-type: none"> Name some symptoms of a sick or injured mount that would cause you to seek help. Describe location of eyes and how this affects the mount’s vision. 	<ul style="list-style-type: none"> Describe how to treat minor wounds. Discuss: Regular worming control for own mount; how and why to deworm new mounts in barn and use of fecal test. Know health care schedule for own mount including dates of: inoculations (tetanus, encephalomyelitis, etc.), deworming, floating of teeth, shoeing. Know the reason for having a Coggins test done. 	<ul style="list-style-type: none"> List annual immunizations and health requirements appropriate for your area. List prevalent internal parasites in your area. Describe routine parasite prevention for your mount. Describe how tetanus and strangles are transmitted. Explain the need for the regular care of teeth.

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Teaching			<ul style="list-style-type: none"> D-3s are encouraged to assist D-1s and D-2s during unmounted Pony Club activities, not mounted activities. 	<ul style="list-style-type: none"> Demonstrate a safety and tack inspection for a D Pony Club member under direct supervision of Examiner. Explain to the D member: the reason for the check, the process, and any safety issues found. 	<ul style="list-style-type: none"> Demonstrate knowledge of safe grooming, handling and tacking up by assisting a D-1 or D-2 to prepare for turnout under direct supervision of Examiner. Explain to the D member what the appropriate steps are and what safety procedures should be followed. Assess turnout and equipment for safety and explain to the D member any safety concerns and how to fix them. Candidate must bring a letter from DC that he/she is assisting in simple unmounted instructional programs for D-level Pony Club members with supervision.
Leading and Longeing	<ul style="list-style-type: none"> Approach mount safely, put on halter, lead and turn correctly and safely. 	<ul style="list-style-type: none"> Lead mount correctly in hand and while tacked up. Do walk-halt-walk transitions in hand. Lead mount in and out of stall safely, tie up in appropriate place with quick-release knot. 	<ul style="list-style-type: none"> Demonstrate correctly jogging mount, moving mount forward with whip (if necessary). Lead safely from both sides. Discuss longeing equipment and use. 	<ul style="list-style-type: none"> Discuss reasons for longeing. Discuss longeing equipment necessary and safety procedures. Demonstrate jogging mount, moving mount actively forward from the whip, with smooth transitions. 	<ul style="list-style-type: none"> Discuss methods, equipment, & safety precautions for longeing. Longe own mount, with assistance if necessary, at walk and trot in both directions in an enclosed area while demonstrating the correct use of equipment, body position, posture, and voice.
Foot and Shoeing	<ul style="list-style-type: none"> Give one reason to pick out hooves. Tell whether your mount wears shoes or not. 	<ul style="list-style-type: none"> Know reasons for daily hoof care. Give two reasons why the farrier regularly checks your mount. 	<ul style="list-style-type: none"> Name three parts of the hoof. Describe obvious signs of a hoof needing shoeing or trimming. Discuss signs of thrush and hoof abscess. 	<ul style="list-style-type: none"> Discuss the five steps in shoeing. Recognize farrier tools and know their uses. Discuss causes of thrush and prevention. 	<ul style="list-style-type: none"> Discuss reasons for shoeing versus not shoeing. Recognize and describe good and bad shoeing. If shod, discuss features of own mount's shoes. Describe use of a foot poultice.
Bandaging		<ul style="list-style-type: none"> Give two reasons why you would bandage a mount's leg(s). Demonstrate (with assistance of examiner) how to apply protective boots and bell boots, if appropriate, to mount's leg. 	<ul style="list-style-type: none"> Describe critical areas protected by shipping bandages or boots and give reasons for their use. Describe a stable bandage and give two reasons they can be used. Apply polo wraps with assistance. 	<ul style="list-style-type: none"> Apply stable bandage under direct supervision and with assistance of examiner. 	<ul style="list-style-type: none"> Apply a shipping & stable bandage, under supervision of examiner, & give reasons for use. Discuss possible effects of poor bandaging.
Land Conservation	<ul style="list-style-type: none"> Verbally list three different places in your area where horse activities take place. Include where you have your Pony Club mounted meetings 	<ul style="list-style-type: none"> Talk with grandparents, parents, instructors and/or older friends/ neighbors about where they rode when they were young and how it is different from today. 	<ul style="list-style-type: none"> Name three important rules when riding across privately-owned land. Write thank-you notes to two landowners who support your club and tell them why you appreciate being able to use their land. If you ride on public land, write a thank-you note to the manager or contact person. 	<ul style="list-style-type: none"> Name three different uses of land on which you, or others, ride. Examples: Farmland, fair grounds, crops, etc. If your region conducts an Eventing Rally, determine who owns the land where the rally is held and the total amount of acres owned. Identify one place in your area previously used for equestrian activities that is no longer available. 	<ul style="list-style-type: none"> Name the zoning requirements for the county in which you keep your horse. Example: A minimum of 10 acres is required to keep one horse. Know what public land is available for riding in your county.