

WHAT: RSRC CLINIC - Novice to advanced, all styles of riding: Position & Control

WHEN: Feb 25, 2012 - 10:00 am to 12:00 pm
Followed by lunch then a short and easy trail ride (Rain date - following Sat)

WHERE: Autumn Olive Farm - Goochland County

WHO: Syndi Pickney-Blunk, CHA Certified Instructor: Hunter and Western

WHY: To help riders learn better ways to control their horse

HOW MUCH: \$35 for two hours of clinic (plus trail ride - if you want to do the trail ride)
\$5 for non-clinic trail riders - FREE AUDITING

RIDER LIMIT: Eight riders (If the clinic does not fill with RSRC members, we may open it to non-club members)

"Proper Seat and Control for best Response from your Horse - For all Styles of Riding"
"A controlled, balanced rider = a balanced, controlled ride"

This clinic will help you learn how certain rider positions can get the best responses from your horse. You will learn how to use all of your body parts in ways you may not have thought of - very SIMPLE methods to help with movement and control... From beginner to advanced - trail rider to show ring competitor - there is always something to learn. Syndi will explain how just a minimum amount of change in your current riding position can be effective in how your horse responds to your cues. She can also address problem areas that an individual may have with their horse. Call it "equitation" if you wish, but it's just basic elementary positions that are easy to do. Syndi will not only TELL you what to do, she will EXPLAIN WHY it's done and give ways to help you understand and remember these methods.

The group will then practice what is learned at gaits appealing to each individual rider (if you don't want to canter, you don't have to!) You may ride over ground poles and the really brave riders may want to try a small jump. No standing around. All riders will be doing something with their horse. After the clinic we will have lunch for about an hour then go on a trail ride. The clinic participants can ride for free. Non-clinic participants can do the easy trail ride for only \$5. Syndi has a few "loaner" horses available for the trail ride - for intermediate riders.) We can do an easy ride at a walk with no jumping.

The clinic will begin with verbal and physical explanations from Syndi. Then the group will work at a standstill, walk, sitting trot, posting trot (all riders will be taught to correctly post if they want), and canter if anyone wants to canter... Poles and jumping will be done as asked for. Syndi will stop the group as needed to pull out a rider for individual assistance, but will have the group continue working on their tasks. She will allow an open forum for riders to stop and ask questions at any time. Most of all, she wants you to have FUN...! She may prepare a study sheet for you to take home to help remind you of the lessons learned at the clinic.

Please bring your own lunch to eat before the trail ride!

RSVP TO: Syndi Pickney-Blunk
4566 Tabscott Road
Columbia, VA, 23038-2305
804-457-3707
syn-pic-ridingschool@msn.com

"Proper Seat and Control for best Response from your Horse - For all Styles of Riding"

NAME _____

ADDRESS _____

PHONE _____ EMAIL _____

HORSE NAME _____

RIDING DISCIPLINE FOR CLINIC _____ YEARS RIDING _____

PRIOR FORMAL LESSONS? _____

IF SO, WHEN AND TYPE _____

HAVE YOU EVER COMPETED? _____

IF SO, WHEN, WHERE, TYPE _____

ANY CERTAIN CONCERNS WITH YOU OR YOUR HORSE? _____

COGGINS ACCESSION # _____ DATE DRAWN _____

==+== PLEASE SEND COPY OF COGGINS WITH THIS APPLICATION ==+==

PAYMENT ENCLOSED: CASH _____ CHECK _____ CHECK # _____

CLINIC FEE WILL BE RETURNED UPON CANCELLATION IF NOTIFIED AT LEAST 24 HRS PRIOR TO CLINIC TO ALLOW ANOTHER PARTICIPANT TO FILL YOUR SPOT

RSVP TO: Syndl Pickney-Blunk - 4566 Tabscott Rd, Columbia, VA, 23038-2305, 804-457-3707

syn-pic-ridingschool@msn.com (for more info or PDF download of this application)

DIRECTIONS: (3 miles south from I-64) Shannon Hill exit #148 off I-64 (Rt. 605 - Shannon Hill Rd). Go south 1/2 mile to stop sign at Rt. 250. Cross over and continue straight for 2 miles. Turn left on Rt. 603 (Tabscott Rd - church on right). Go 1/2 mile. (Slow! when you come upon right side privacy fence/pine trees). Turn right at farm sign and go straight to park behind the big barn. Swing wide and go SLOW! Driveway has speed bumps! No parking against ring or house. WELCOME to Autumn Olive!!

Drive time from the following towns:

Ashland 45 min - Ashcake Rd to 623 to I-64-W
Charlottesville 30 min - 29/20/250 to I-64-E
Chesterfield 1 hr - 288-N to I-64-W
Culpeper 1 hr - 522-S to 605-S across I-64
Goochland 20 min - 522-N to I-64-W
Gordonsville 30 min - 15-S to I-64-E
Louisa 20 min - 208-S to I-64-E or 605-S
Mechanicsville 45 min - 295 to I-64-W
Midlothian 45 min - 288 to I-64-W
Mineral 20 min - 522-S to 605-S across I-64
Montpelier 1 hr - 33 to 610 to 617 to I-64-W (to Oilville exit)
Powhatan 45 min - 522-N to I-64-W
Prov. Forge 1.5 hrs - I-64-W (or 295 to I-64-W)
Spotsylvania 1.15 hr - 208 to 522-S to 605-S across I-64
Unionville 30 min - 522-S to 605-S across I-64
Wilderness 1 hr - 20 to 522-S to 605-S across I-64

WAIVER:

I agree that the owner, rider & any other agents/ reps know that they participate voluntarily in this event, fully aware that horse sports involve inherent danger/risk & by participating I expressly assume any & all risks of injury or loss & agree to hold harmless the Autumn Olive Farm owners, officials, employees, volunteers & agents for any loss suffered during or in connection with the event, whether or not such injury or loss resulted directly or indirectly from the negligent acts or omissions of owners, officials, employees, or agents. I agree that this agreement is given in part under the Virginia Equine Activity Liability Act (3.1-769.130) & following the Code of Virginia), which is hereby incorporated herein by reference.

Signature